The Robb Nash Project (TRNP)
A Living Curriculum:
Stories of Life Through Darkness

The Robb Nash Project is a student focused wellness curriculum that uses real-life stories and music to support social and emotional learning. **The Robb Nash Project has created a curriculum that uses a series of interactive video modules. Student learning is based on listening, reflecting and articulating thought. The modules contain stories of youth that Robb has met on the road. Through each story, the students will hear of struggles faced, breakthroughs that were made and how strength and courage to move forward was found. This curriculum strives to *foster an environment of empathy and hope, and to nurture a community of support.* Please visit the Robb Nash website for more information at www.robbnash.com**

As part of our new Health and Wellness class, we are excited to deliver this program from Nov 16 - Dec 14. This district-wide initiative is focused on social-emotional wellness. Some of the topics discussed are self-care; identifying emotions; suicide; self-harm; analyzing videos and words; multiple intelligences; and accessing resources. The program will be co-delivered by our success coach, Sarah Spanier and the Health and Wellness teacher.

Some students may require additional support as a result of the program material. They will have the opportunity to journal and share their own stories with their teachers and gain access to school-based supports and resources if needed. Our Family School Liaison Worker (FSLW) and school counselor will be available to support students as required.

As this program deals with potentially sensitive content, it is subject to the parental opt in provision. If you choose to have your child **opt in or out** of these classes, please return this signed form to your student's Health and Wellness teacher. An alternate location and Health/Wellness content will be provided for students who have opted out.

If you have any questions, please contact your child's Health and Wellness teacher.

Warren Buckler
Principal

Annetta Labash
Counselor

☐ I would like my child (students name)_____ **to opt in** to the Robb Nash Health and Wellness Presentations

☐ I would like my child (students name_____ **to opt out** of the Robb Nash Health and Wellness Presentations

_____
Parent Name

_____
Parent Signature

_____
Date